

Betsy Clark LLC

YOUR MINDSET MATTERS

Coach
Speaker
Leader

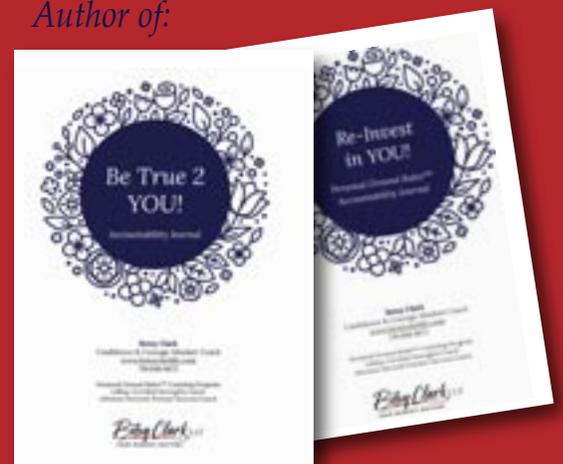
*“Be True 2 You
and
Be On Purpose.”*

Creative. Dynamic. Inspiring.

Some Clients/Associations:

- eWomenNetwork ANE: Denver, Colorado Springs, Omaha, Atlanta, Orange County
- 4Word-Colorado Springs
- Northern Colorado Chamber-Fort Collins
- WCLI-Colorado Springs
- NAWIC Colorado Springs Regional Conference
- Grow Grid Intensive-Denver
- Photographer's Guild-Colorado Springs

Author of:



Most Popular Topics:

S.H.A.Z.A.M.: Instant courage to find your voice when speaking to a group.

We all have been in the situation where we have had to give a presentation without much time to prepare or we must give a spontaneous report to a group of team members. How do you calm your nerves, focus and speak with authority? Learn the power of S.H.A.Z.A.M. so that you can boldly speak with confidence, clarity and courage.

Key Learnings: Several years of Toastmasters and years of practice behind a podium, Betsy gives you actionable tips and tools on how to step into your power, maintain your composure and deliver a compelling and organized impromptu speech or presentation.

Confidence; The Best Thing to Put on Each Morning:

We have all seen someone with confidence enter a room and the dynamics of the group changes. How does that happen? How do we balance confidence with humility? How do we come to the table the "right size," showing up as we intend?

Key Learnings: Confidence is a skill. Learn how to hone this transformational skill to bring your best self forward consistently. Be True 2 You, Be on Purpose and Be Unstoppable.

Comparison: Your Mindset Matters:

Does comparison keep derailing you? Do you struggle with Imposter Syndrome? Do your Mind Monkeys keep you playing a smaller, safer game? Do you wrestle with self-doubt which makes you hesitate? How do you maintain mental toughness that supports your goals and vision?

Key Learnings: Comparison is a joy crusher! Understand how rampant comparison is in our culture and how it can cause us to get stuck in our heads. Learn solid strategies to overcome the critic and live powerfully. Live a life you love!!



"Betsy Clark takes the stage and people listen. Impactful, rich content accompanied by quick wit, she inspires and makes immediate impact. Betsy is the real deal, delivers from her heart and creates pure magic."

Kimberly Alexander
Grow Grid Intensive

"Betsy Clark is a riveting and engaging speaker. I found her to be a wonderful communicator and teacher, I learned a great deal during her talk. I was inspired by her expertise and descriptive narrative. It is clear she is a professional who is on a mission to make an impact. It was fun to hear Betsy share her heart and her wisdom with us."

Ann Abell Willes
4word Colorado Springs
Leadership Team

I knew when I asked Betsy to speak to my group she would be great but I was blown away by how amazing she was. We loved her presentation style, subject matter and the way she provided simple, executable ways to make changes. Betsy is a must-have for leaders looking for a speaker that will make you look good while providing tremendous value.

Amy Matthews
Managing Director, eWN Atlanta